



“On Course with the DJGA”

The Official Online Newsletter of The Dakota Junior Golf Association

News from the DJGA...

Merry Christmas and Happy Holidays to all from the DJGA!

As we take a look at the end of the 2013 golf season and access, its often golfers thoughts turn to either getting ready for winter sports, or start getting ready for next year’s golf season. I would like to see you take the time and prepare or get ready for next year? Here are few things to consider...

Partner up with a PGA or Teaching Golf Professional

You can read all of the golf books, golf magazines, or watch every golf video on the internet to try and improve, but there is nothing better for you than to have a knowledgeable instructor by your side.

Review your Equipment

Once the season is over, take a look at your golf equipment. Grips...are your grips worn or need replacement? If they need replacement, first get fitted to the correct grip size before you get new ones installed. Improper grip size has a tremendous effect on the correct grip pressure.

Exercise

Is one of your weaknesses a lack of distance? There are three areas that can cause this: your swing, your equipment or your body. The biggest influencer is your body; specifically strength and flexibility. Let your instructor guide you towards a fitness professional who works with golfers.

Fairways and Birdies,
Michael Herzog, PGA
WDJT & DJGA Tournament Coordinator

Coupon Book News...

We are excited to share that the 2014 DJGA Coupon Book again will go on sale starting January 1st for \$60.00. This sale will run until the month of May. This is a great way to get ahead on the deals on local courses for 2014!



HUGE golf sale at Prairie West Golf Course

A majority of the items in golf shop will be marked up to 50% off. Items on sale include golf bags, golf balls, clubs, gloves, clothing, accessories, etc. Sale lasts only the weekend. Call Golf Professional, Brad Olson at 751-6171 for the details on this HUGE golf sale.

2014 DJGA Dome Tour

The 2014 Dome Tour schedule will begin on Sundays, starting January 12th till March 2nd.

Please go the DJGA website for complete information in regards to the DJGA Dome Tour. Details on the tour will be up by mid-December.

Look for this Dome Tour to include Free lessons, skills challenge, rules of golf seminars, nutrition and fitness tips, usage of Flight Scope & launch monitor, and much more.

Dome Tour is a great opportunity to get prepared and stay competitive for the 2014 golf season.



Getting a grip on golf

How do you grip the golf club? There are many different ways to swing the club and many ways to grip it. To control the clubface, you must emphasize grip fundamentals. If you want to have any control over where the golf ball will fly after impact you must have a consistent grip on the club. I would like to be able to see 2-3 knuckles on your left hand and the V’s formed from having your index finger and thumb together pointing between your right ear and right shoulder for right handed golfers.

Jordan Berglund,
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A peak into the January’s issue...

- ... Golf Tip from Jared Kopp
- ... 2014 WDJT & DJGA Tournament Schedule
- ... Where are they now?

